

SAFE TALK TRAINING

SafeTALK prepares helpers to identify persons with thoughts of suicide and connect them to suicide first aid resources.

Includes SafeTALK Manual & Certificate upon completion.

HOW safeTALK WORKS

Most people with thoughts of suicide don't want to die—instead, they are looking for a way to work through the pain in their lives. Through their words and actions, they usually invite others to help them in making a choice for life. safeTALK teaches participants to recognize these invitations, engage with the person with thoughts of suicide, and connect them with resources to help them be safer from suicide. These resources could include health care professionals, first responders, or crisis line workers—among many others who have suicide intervention training.



Registration is open to anyone aged 15yrs +
To register email:
slsuicideprevention@gmail.com



SARNIA LAMBTON SUICIDE PREVENTION COMMITTEE



 LIVINGWORKS

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For general information please visit <http://www.livingworks.net/programs/safetalk/>